

## **Eldercare Resources**

Mon Health System is proud to partner with Senior Monongalians who can assist our employees who may require support for elderly family members.

Resources offered by Senior Monongalians:

- Adult Day Services at the Adult Life Center
- Caregiver Support Group Meetings
- Case Management Services
- Education Sessions
- Social Services
- Home Delivered Meals
- Volunteer Opportunities
- Planned monthly and daily events and activities
- Special Trips planned throughout the year

For additional information on the above resources, please contact a representatives at Senior Monongalians at 304-296-9812, visit their website <http://seniormons.org/> or write to them at 5000 Greenbag Road, Morgantown, WV 26501

### Other Eldercare Resources

Morgantown Senior Center  
287 Eureka Drive  
Morgantown, WV 26505  
304-296-7002

WV Seniors  
1 Medical Center Drive Ste G103  
Morgantown, WV 26505  
304-293-7436